

Sapporo Namara Hunters Rules and Notes

Rogaining is an outdoor sport of long distance cross-country navigation, but we arranged it so that people of all ages can enjoy it. The contenders compete by visiting checkpoints within a time limit with the intent of maximizing their scores. Tactics, stamina and teamwork are features of this game.

Some runners keep running throughout the game, while others enjoy strolling through the town. Everyone can enjoy touring around the city freely.

This time, we included many special rules to accumulate points in addition to navigating. Please enjoy the game while touring around the city since some transportation is available for you to avoid running through the town.



How to Play



Check the map and discuss your strategy to decide your route.



Take the same picture as the ones on the map. Include all of the team members in the photos.



Get as many points as possible then reach the goal within the time limit

You must walk or run between checkpoints. Public transportation (JR trains, subways, buses) as well as taxis and bicycles are not allowed. However, it is Free Street Car Day, so you can take street cars, ropeways, and cable cars.

Reception, Starting/Finishing the race, Awards Ceremony

Running Station RUN NORTH SAPPORO Excel Tokyu branch

Applicants can get parking coupons (3 hour free parking).

Starting/Finishing the race

- 9:00 ~ 9:30 Reception
- 9:30 ~ 9:50 Opening Ceremony, Orientation
- 9:50 ~ 10:00 Strategy Time
- 10:00 ~ 12:30 Rogaining
- 12:30 ~ 13:15 Getting changed
- 13:15 ~ 15:00 Lunch, Awards Ceremony

Lunch is a buffet at the restaurant, L'arbre, in the Sapporo Excel Tokyu hotel.

Showers are available for 600 yen when you change your clothes.

Starting the Race

Teams start the race right after the opening ceremony. Please attend the ceremony dressed for the race.

Finishing the Race

It will likely be crowded around the goal before and after 12:30. Therefore, we recommend finishing the race 5 to 10 minutes before the finish time.

※You will lose 20 points every minute for finishing past the time limit.

(Ex.: 15 seconds past the time limit: - 20 points, 3 min. 30 seconds past the time limit: - 80 points)

Awards Ceremony

The team in 1st to 3rd place will be awarded for the prizes

We also have special awards (the longest distance award, the biggest eater award)

In Case of Emergency

- In case participants are injured, seriously ill, or in a severe accident, please call 119 after ensuring the safety of the situation.
- Please contact the office if you will be late by over 10 minutes.
- You cannot enter private lands or facilities. Please do not run in shrines and the surrounding areas.
- You should be careful of wild animals (ex. bears) when walking in the mountain areas.
- We advise participants not to rush staff at the restaurants in order to get bonus points.
- Please comply with the traffic rules and social manners while taking public transportation.

Emergency Contact
(Only on the event day)
☎ 011-600-1870

Safety Measures and Notes

- Each person must resolve accidents and property damages with his or her own insurance. Please take part in the event by complying with the traffic rules and manners. Participants should avoid entering restricted areas or private lands. We are not responsible for any accidents or property damages.
- Do not run at stations, stores, or shrines.
- Please bring necessary items such as rain gear, drinks, clothes and first aid items.
- We will take pictures and videos for the event publicity. Please inform us in advance if you wish to avoid them.
- We may change how to start the race or cancel the awards ceremony depending on the weather.
- Participants can leave their belongings at the starting area. In this case, they have to be responsible for valuables.
- There is no changing space at the venue.