

# SAPPORO Afternoon ☆ Orienteering

# NAMARA HUNTERS



## Rules

Check the map and discuss your strategy to decide your route.

Take the same picture as the one on the map. Include all of the team members in the photos.

Get as many points as possible then reach the goal within the time limit.

As a general rule, transportation will be on foot or running. JR trains, buses, taxis, bicycles, etc. are prohibited, but subways and Sapporo streetcars may be used. However, the cost will be your responsibility.

- Go around the base checkpoints (CP) in order from CP1 to CP2 → CP3 → CP4, etc. In addition, CP can be skipped, but once you skip CP, you will not get points even if you return to it later.
- Special checkpoints (SP) will earn you points whenever you visit them.

## Special Check Points

● **Olympic Memorial Plaques collection:**  
All team members put one foot on the Olympic Memorial Plaques embedded on the Olympic course and take a photo.



## Reception, Starting/Finishing the race, Awards Ceremony

**Running Station RUN NORTH SAPPORO Excel Tokyu branch**  
Applicants can get parking coupons (3 hour free parking).

## Starting/Finishing the race

- 11:00 ~ 11:30 Reception
- 11:30 ~ 11:50 Opening Ceremony, Orientation
- 11:50 ~ 12:00 Strategy Time
- 12:00 ~ 16:00 Orienteering Competition Time ※1
- 16:00 ~ 16:30 Getting changed ※2
- 16:30 ~ 17:00 Awards Ceremony

※1 Please prepare your own lunch.  
※2 Showers are available for 600 yen when you change your clothes.

### Starting the Race

Teams start the race right after the opening ceremony.

### Finishing the Race

It will likely be crowded around the goal before and after 16:00. Therefore, we recommend finishing the race 5 to 10 minutes before the finish time.

※ You will lose 20 points every minute for finishing past the time limit.  
(Ex.: 15 seconds past the time limit: - 20 points, 3 min.  
30 seconds past the time limit: - 80 points)

## How to decide the standings

- ① The team with more CP points wins the better standing
- ② When teams have the same CP points, the team with more SP and Mission points wins the better standing.
- ③ When teams have the same CP, SP and Mission points, the faster team wins the better standing.

## In Case of Emergency

- In the event of a serious injury, illness, or accident, first prioritize safety and call 119.
- Please contact us if you are likely to be more than 10 minutes late for the time limit.
- Entering private land is prohibited. Also, avoid running inside buildings.
- Please comply with traffic laws and manners when using public transportation.

**Emergency Contact**  
(Only on the event day)  
☎ 011-600-1870

## Safety Measures and Notes

- In the case of an accident or property damage, each person will be covered by their own insurance. Please participate while observing the rules such as obeying traffic laws and not entering restricted areas or private land. The organizer will not be responsible for any accidents or property damage.
- Let's walk inside stations, stores, etc.
- Please prepare rain gear, change of clothes, drinks, first aid supplies, etc. as necessary.
- The management will take photos and videos for publicity purposes. If you are unable to take pictures, please let us know in advance.
- Depending on the weather on the day, the start method and presence or absence of an award ceremony may be changed.
- It is possible to leave your luggage at the starting point. In that case, please be responsible for managing your valuables.